

Grading Techniques Shodan to Yondan												
Tachi waza:												
Shomen Uchi	I	II	III	IV	V	Irimi	Kote	Shiho	Kaiten Soto/Uchi	Uchi Kaiten III		
Yokomen Uchi	I	II	III	IV	V	Irimi	Kote	Shiho	Udekime	Koshi		
Chudan Tsuki	I	II	III	Irimi	Kote	Shiho	Udekime	Kaiten Soto/Uchi	Uchi Kaiten III			
Jodan Tsuki	I	II	III	Shiho	Hijikime osae	Kiriotoshi	Kote	Juji Garami				
Aihanmi	I	II	III	IV	V	Irimi	Kote	Shiho	Udekime	Koshi		
Katate dori	I	II	III	Irimi	Sokumen Irimi	Kote	Kaiten Soto/Uchi	Uchi Kaiten III	Tenchi	Udekime	Sumiotoshi	Koshi
Katate ryo Te dori (Moro Te)	I	II	Irimi	Kote	Udekime	Juji Garami	Sokumen Irimi 2 Varianten					
Ryo Te dori	I	IV	Irimi	Kote	Shiho	Tenchi	Koshi					
Mune dori	II	III	Shiho									
Kata dori	I	II	III	Sokumen Irimi								
Ryo Kata dori	I	II	Ude Garami									
Kata dori Menuchi	I	II	III	IV	Irimi	Kote	Shiho	Tenchi	Koshi			
Ushiro ryo Te dori	I	II	III	IV	Irimi & Sokumen Irimi	Kote	Shiho	Udekime	Juji Garami	Ura gaeshi	Uchi Kaiten III	
Ushiro ryo Kata dori	I	II	III	Sokumen Irimi	Aikiotoshi	Kokyu	Kote					
Ushiro Eri dori	I	Kote	Shiho									
Ushiro Katate dori Kubeshime	I	II	III	Shiho	Sokumen Irimi	Koshi						
Ushiro Hiji dori	III	Kote	Shiho	Kokyu								
Mae Geri	Irimi (Ashibarai)											
Mawashi Geri	Irimi (Ashibarai)											

Hanmi hantachi					
Shomen Uchi	I	Irimi	Kote		
Katate dori	I	Shiho	Kaiten Soto/Uchi		
Ryo Te dori	Shiho				
Ushiro ryo Kata dori	III	Kote	Sokumen Irimi	Juji	Kokyu

I = Ikkyo II = Nikkyo III = Sankyo IV = Yonkyo V = Gokyo

Suwari waza						
Shomen Uchi	I	II	III	Irimi	Kote	
Yokomen Uchi	I	III	IV	V	Kote	Irimi
Aihanmi	I	II	III	IV	Irimi	Kote
Katate dori	I	II	III	IV	Irimi	Kote
Ryo Te dori	Kokyu ho					
Kata dori	I	II				

1st Dan: 100 DoP	2nd Dan: 200 DoP min. 3 years	3rd Dan: 300 DoP min 4 years	4th Dan: 400 DoP min 5 years
All Techniques on this page	Submit an article on some Aikido-related subject.	Submit an article on some Aikido-related subject.	Submit an article on some Aikido-related subject.
	Futari Gake (2 Uke): 3 Variations	Taninzu Gake (3 Uke) 2 Repetitions	Taninzu Gake (4 Uke) 2 Repetitions
Randori Blending Ukes	Randori: 2 Uke -> Attack: Ryo Te dori	Randori: 3 Uke -> Free Attacks	Randori: 4 Uke -> Free Attacks
Jiyuwaza: Tori Waza (Grabbing) Uchi Waza (Strikes)	Jiyuwaza: Tori Waza (Grabbing) Uchi Waza (Strikes)	Jiyuwaza: Tori Waza (Grabbing) Uchi Waza (Strikes)	Jiyuwaza: Tori Waza (Grabbing) Uchi Waza (Strikes)
	Weapons: Tanto dori - 3x Shomen, 3x Yokomen, 3x Tsuki, 1x Ushiro	Weapons: Tanto as 2nd Dan Tachi dori - 5x Shomen Uchi	Weapons: Tanto & Tachi as 3rd Dan Jo dori: 5x Tsuki

